

USDA is an equal opportunity provider and employer.



October 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 2 Sausage and egg Tornado Fruit and Juice | 3 Pumpkin Bread Fruit and Juice | 4 Egg and Sausage Breakfast Burrito Fruit and Juice | 5 Oatmeal w/ Fruit Fruit and Juice | 6 Cheesy Omelet Fruit and Juice |
| 9 Smothered Chicken Mashed Potatoes | Beef & Cheese Quesadilla Salad Bar | Baked Chicken Scalloped Potatoes Corn | Chili Cornbread Muffin | Tuna Noodle Casserole Peas |
| 16 Pancake Fruit and Juice | 10 Frenchtoast Casserole Fruit and Juice | 11 Scrambled eggs & Sausage Fruit & Juice Cup | 12 Cinnamon Rolls Fruit and Juice | 13 No School Fall Break  |
| 23 Cheese Pizza Green Beans | Creamy Potato Soup Breadstick | Cheeseburgers Baked Beans | Tatertot Casserole Green Beans | 20 Waffles Fruit and Juice Cup |
| 30 French Toast Sticks Fruit and Juice cup | 17 Sausage, Egg, Cheese Croissant Fruit and Juice cup | 18 Breakfast Pizza Fruit and Juice | 19 Banana Strussel Muffin Fruit and Juice | 27 Breakfast For Lunch Biscuits and Gravy Hashbrowns Fruit |
| 30 Breaded Beef Patty Cheesy Hashbrowns Peas | 24 Spaghetti w/ Meat Sauce Garlic Bread | BBQ Ribs Mac & Cheese | Beef & Noodles Green Beans | 27 Sausage & Cheese Biscuit Fruit and Juice |
| 30 Pancake on a Stick Fruit and Juice | 24 Blueberry Muffin Fruit and Juice | 25 Hashbrown Casserole Fruit and Juice | Pumpkin Coffeecake Fruit and Juice | Meatball Subs Chips |
| 30 Beef Burrito Corn | 24 Chicken & Dumplings Garlic Bread | Hot Ham and Cheese Baked Beans Bread | Popcorn Chicken Mashed Potatoes Corn |  |
| | 31 Glazed Donut Fruit and Juice |  | | |
| | 31 PizzaWitches Green Beans | Choice of: 1% White Fat Free Chocolate Fat Free Strawberry Choice of: cereal or yogurt or menu item are offered for breakfast every day. | | |
| | | Fruit & Salad Bar every day. | | |