




USDA is an equal opportunity provider and employer.

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
 This month's beef provided by Reikofski Farms	<i>Milk is served with every meal</i> Choice of: 1% White Fat Free Chocolate Fat Free Strawberry Choice of: cereal or yogurt or menu item are offered for Breakfast every day. Fruit & Salad Bar every day.	 © CanStockPhoto.com	1 Breakfast Burritos Fruit and Juice Chicken Fried Steak Mashed Potatoes & Gravy Tea Roll	2 Cinnamon Rolls Fruit and Juice Hot Ham & Cheese Green Beans
5 No School 	6 French Toast Sticks Fruit and Juice Pizza Fiestada Corn	7 Coffee Cake Fruit and Juice Burrito w/ Cheese Sauce Muffin	8 Breakfast Pizza Fruit and Juice Lasagna Garlic Bread	9 Biscuits & Gravy Fruit and Juice Taverns Baked Beans
12 Sausage & Cheese Croissant Fruit & Juice Mandarin Chicken Fried Rice Fortune Cookie	13 Glazed Donuts Fruit and Juice Walking Taco Cookie	14 Cornbread Fruit and Juice Popcorn Chicken Mashed Potatoes Bread	15 Sausage & Egg Tornado Fruit and Juice Cowboy Cavatini Green Beans	16 Cinnamon Rolls Fruit and Juice Cheeseburger Fries
19 Ham, Egg & Cheese Croissant Turkey, Ham & Cheese Sandwich Chips	20 Pancake on a stick Fruit and Juice Pepperoni Pizza Green Beans	21 Coffee Cake Fruit and Juice Chicken Taco Pudding	22 Long John Fruit and Juice Hot Beef Mashed Potatoes Bread	23 Biscuits & Gravy Fruit and Juice Hot Dogs Baked Beans
26 Sausage & Cheese Biscuit Fruit and Juice Chicken Nuggets Mashed Potatoes Bread	27 Banana Muffin Fruit and Juice Chicken Alfredo Breadsticks	28 Cornbread Fruit and Juice Italian Dunkers Cheesy Bread	29 French Toast Sticks Fruit and Juice Tater tot Casserole Corn Bread	30 Cinnamon Rolls Fruit and Juice Corn Dogs Cheesy Hashbrowns

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October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Susage, Egg & Cheese Croissant Fruit and Juice Breaded Beef Mashed Potatoes Bread	4 Glazed Donuts Fruit and Juice Baked Potato Bar Cheese Stick	5 Coffee Cake Fruit and Juice Pizza Witches Green Beans	6 Breakfast Burritos Fruit and Juice Smothered Chicken Mashed Potatoes Tea Roll	7 Biscuits & Gravy Fruit and Juice Hot Ham & Cheese Sandwich Corn
10 Ham, Egg & Cheese Croissant Fruit and Juice Mandarin Chicken Fried Rice Fortune Cookie	11 Pancake on a stick Fruit and Juice Walking Tacos Rice Krispie Bar	12 Corn Bread Fruit and Juice Breakfast for Lunch Biscuits & Gravy Hash Browns Fruit & Juice Cup	13 Sausage & Egg Tornado Fruit and Juice Spaghetti & Meat Sauce Garlic Bread	14 Cinnamon Rolls Fruit and Juice Hamburger Fries
17 Sausage & Cheese Biscuit Fruit and Juice Turkey, Ham & Cheese Sub Sandwich Chips	18 Blueberry Muffin Fruit and Juice Chili Cheese Fritos	19 Coffee Cake Fruit and Juice Popcorn Chicken Mashed Potatoes Bread	20 Biscuits & Gravy Fruit and Juice Hamburger Pizza Green Beans	21 NO SCHOOL FALL BREAK
24 Sausage, Egg & Cheese Croissant BBQ Ribs Baked Beans	25 Long John Fruit and Juice Chicken Taco	26 Corn Bread Fruit and Juice Tater tot Casserole Corn Bread	27 French Toast Sticks Fruit and Juice Hot Beef Mashed Potatoes Bread	28 Biscuits & Gravy Fruit and Juice Sloppy Joes Baked Beans
31 Ham, Egg & Cheese Croissant Corn Dogs Cheesy Hashbrowns Happy Halloween!		This month's beef is provided by Reikofski Farms	<i>Choice of: 1% White Fat Free Chocolate Fat Free Strawberry Choice of: cereal or yogurt or menu item are offered for breakfast every day.</i> <i>Fruit & Salad Bar every day.</i>	